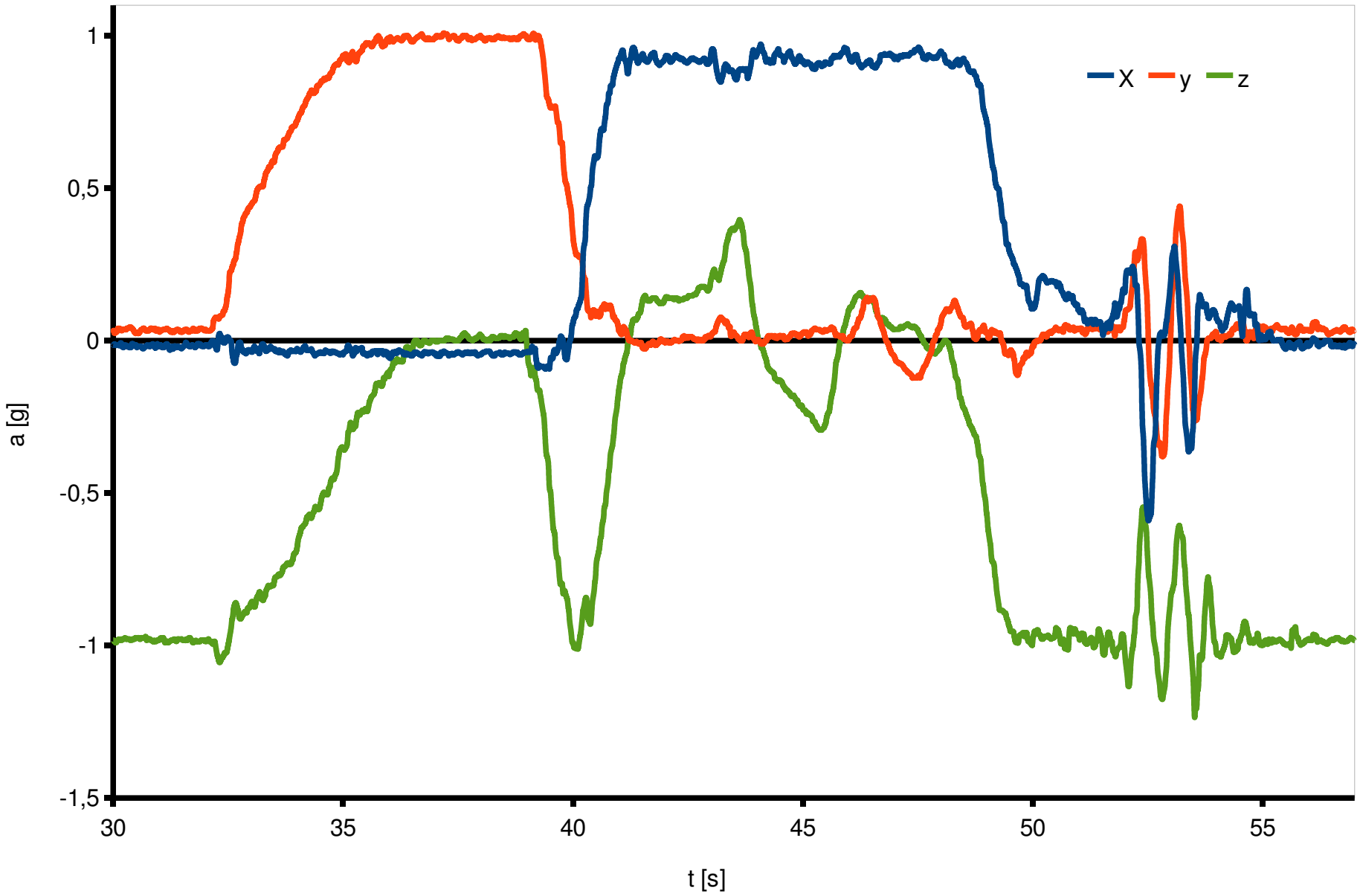
1
0,5
0
-0,5
-1
-1,5
a [g]
30
35
40
45
50
55
t [s]
X
y
z